Sunsmart Policy
Reviewed March 2012

Our Sunsmart policy has been developed to ensure that all children & adults attending this Kindergarten are protected from skin damage caused by the harmful UV rays of the sun. It is to be implemented throughout the year.

As part of general SunSmart strategies:
1. The centre will require all children & adults to wear broad brimmed hats which protect the face, neck & ears whenever they are outside.
2. During terms 1 & 4 children will need to wear sleeved tops/dresses. No sleeveless tops or dresses. Kindergarten Polo shirts are available for purchase at the Kindergarten.
3. Children & adults who do not have their hats with them will be asked to play inside or under the verandah.
4. Children & adults will be encouraged to use available areas of shade for outdoor play activity especially during the hours of 11.30 am – 3pm.
5. The Governing Council will ensure there are a sufficient number of shelters and trees providing shade in the Kindergarten grounds.
6. Staff will act as role models by:
   • wearing appropriate hats & clothing outdoors (sleeved tops/dresses)
   • Using a SPF 30+ sunscreen for skin protection.
   • Seeking shade whenever possible.
7. SPF 30+, broad spectrum, water resistant sunscreen will be provided for children & adult’s use as necessary and children will be helped or encouraged to apply sunscreen during the months of high UVR levels (1st of September until the end of April)
8. Teaching about skin and ways to protect skin from the sun will be incorporated into The curriculum and programmed activities.
9. Staff and parents will be provided with educational material on sun protection.
10. Staff will monitor the SunSmart UV Alert and in winter when UV levels are below 3, sun protection measures will not be implemented to help maintain vitamin D levels.

When enrolling their child parents will be:
1. Informed of the SunSmart policy.
2. Asked to buy/supply a broadbrimmed hat for their child’s use.
3. Encouraged to practice SunSmart behaviours themselves.

All of the above points are encouraged by The Cancer Council of South Australia.